



At St. Clements Parish

'Live Simply so that others can simply live'

Blessed Mother Theresa

April 2018

Issue # 2

## Up and Running 2018

This is our second newsletter after a busy opening to our Live Simply campaign

### What have we done so far?

#### 1 Parish Christmas Card

The "giant" (large and colourful) Parish Christmas Card attracted many signatures

The idea will be refined for later this year.

#### 2 Live Simply Display Board

In the Narthex the Live Simply display board has appeared. It features a series of practical hints which changing each month.

#### 3 Food Bank Fund Raiser

A successful social event was held on 3<sup>rd</sup> February, The **Riotous Brothers** kindly provided an evening of classical hits from the 60's and 70's. Over £600 was raised for the **Epsom and Ewell Food Bank**



#### 4 The Saint Clements Vegetable Garden

All four raised beds have now been installed, at the edge of the lawn next to the raised flower beds. Planting has now begun in earnest **And the produce will be sold to support our "Connect 2 Cambodia" project**



#### 5 Stations of the Cross

On the Friday of the third week in Lent members of the live simply team conducted Stations of the Cross. They used a power point presentation which highlighted CAFOD work around the world.

#### 6 The Walking Club.

Had its very successful debut when over 40 people



of all ages turned out to stroll around Nonsuch Park in October.



Our second venture was a slightly more challenging 5k Walk started from Christ Church Epsom on Saturday 24th March finishing off with tea and cake at the Old Moat Garden Centre

### 7 Recycling Awareness

Whilst washing and re-using permanent cups is probably the best solution, we have purchased recyclable cups for use when disposable cups are necessary. These disposable cups are now being recycled in the compost bin which has been built near the vegetable garden.

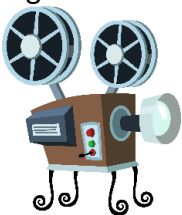
### 8 CAFOD Fast Days and Campaigns

Parishioners donated to the two fast days and signed action cards for the Power to Be Campaign.

## Dates for Diaries

### Food Bank Futures 26 April 7-30pm in hall

At the fundraising evening, the Food Bank Coordinator said that his objective was to work locally to ensure that in five years time there was no need for a Food Bank. Much needs to be done to raise awareness of the underlying circumstances. To this end we are having a film night and will be showing "I, Daniel Blake".



### Parish Walk and Picnic 24 June pm

In support of "Share the Journey" a global initiative of Pope Francis to promote the rights of refugees and migrates. Further details to follow.



**Share the Journey**   
#sharejourney

### Walk to Church Weekend 7-8 July 2018

To encourage parishioners, but especially the young to walk or cycle to Mass, a "No Car Event" with a launch on the weekend of 23-24 June



## Future Actions

### 1. Tree Planting scheme

To mark significant stages in people's faith journey and help with greening the planet.

We are proposing that on behalf of the newly baptised, adult receptions, first communion recipients, confirmed or married. Suitable plantations exist away from St Clements itself. The donor would obtain a certificate for their contribution. We will be having a commemorative small display in the narthex.

### 2. Improved Recycling

"Reduce, re-use and recycle" is the catch phrase behind many approaches to sustaining our environment. We will be exploring with the Borough Council how best we can improve our approach to recycling waste produced on the St Clements site. Any suggestions welcome.



### 3 Fairtrade Breakfasts

One of the barriers to considering ethically produced food products is the notion that they are both inferior and more costly. In an attempt to show these ideas are inaccurate, we propose to hold quarterly **Fairtrade** breakfasts. An enjoyable eating experience and an opportunity to explore and share ideas on fair trade issues.

Dates to be announced.....

If you would like to get involved in any of the activities mentioned in this newsletter or would like to come along to the next meeting of the Live Simply steering group then please call Jonathan Inns on 0208393 0595 email [jonathan.inns@btinternet.com](mailto:jonathan.inns@btinternet.com)